

Welcome to our April club newsletter! Very exciting news following from our senior international gymnasts' successes at the Pacific Rim Championships in Cali, Colombia – along with our WAG Head coach Svetlana, leading the NZ Team. Coach Kyleab was there too representing NZ in judging the Men's competition. Our small club is so proud to resource such international talents. In addition, we ran a successful Holiday Programme during the first week of the April school holidays. We say goodbye to coach Kazu, who had a blast coaching the recreation classes and we introduce Hazel Hall, who will be coaching the Wednesday recreation classes. Hazel is an ex-Te Wero gymnast, so welcome back Hazel! May also has our first STEPs competition, kick-starting the line-up for the NZ Gymnastics Nationals in October this year. And just as recently returned, Coach Svetlana, June & Alisa will be hoping back on a plane for the World Cup Gymnastic Series in Bulgaria & Slovenia, while Coach Kyleab is off to Tauranga to judge the Men's competition at the Oceania Championships – where NZ & Australia battle it off to earn spots in the Olympic team.

AWESOME AUTUMN COMPETITION

Our GFA competitive girls kicked off Te Wero's competitive season with the Awesome Autumn Competition on 7 April 2024, held at Christchurch School of Gymnastics. All the girls did really well in their first competition of the year and the club is totally proud of them! Thank you to their awesome coaches, Nisha & Emma!

RESULTS:

Ruby

Tynasha Tainui: 3rd All-Around, 2nd Vault, 2nd Uneven Bars, 2nd Balance Beam, 3rd Floor

Silver

Asha Sharp: 3rd= Vault

Tiger Butler-Dennison: 3rd= Vault

Gold

Aria Anglem : 2nd All-Around, 3rd Uneven Bars

Lena Moreels: 5th All-Around

Sasha Yee: 2nd Uneven Bars



WE'RE IN THE NEWS!

Te Wero Gymnastics was featured in The Press on 16 April 2024 – acknowledging Jun McDonald and Alisa Wada (Senior International) and Head Coach, Svetlana Sazonova's hard work, commitment, and talents, to be selected for two NZ Women's Team to represent New Zealand at the 2024 Pacific Rim Champs (April - Colombia) and the World Cup Series (May – Bulgaria & Slovenia). This is a very big deal for a small club such as ours. Woo! Woo!

Small Christchurch gym punching above its weight

Kate Paterson | THE PRESS | April 16, 2024



Gymnasts Jun McDonald, 16, left, and Alisa Wada, 20, right, with their coach Svetlana Sazonova, a former Russian international gymnast. CHRIS SKELTON / THE PRESS

UPDATE FROM PACIFIC RIM CHAMPS!



**CONGRATULATIONS
JUN AND ALISA!!**

PACIFIC RIM '24



RESULTS

Jun McDonald	9th AA	Bar & Beam Finalist
Alisa Wada	25th AA	

Jun McDonald	Bar Finals	7th
Jun McDonald	Beam Finals	8th

What an incredible outcome as a result of all your hard work - the Te Wero whānau are incredibly proud of your efforts over in Columbia!! We can't wait to welcome you home!!

You are an inspiration to all our younger athletes, so you should be incredibly proud of yourselves 🍀❤️



THANK YOU TO OUR DONATORS

A sincere thank you to our kind donators:

- The Brown Family
- NZ Classics
- Bloom Family



TWO FUNDRAISERS HAPPENING AT THE MOMENT!



te wero GYMNASICS

QUIZ NIGHT FUNDRAISER

SUN 19 MAY - 7PM

TWO THUMB BREWING
380 COLOMBO STREET

JOIN US FOR A NIGHT OF TRIVIA, PRIZES, RAFFLES & FUN

\$120 PER TABLE (6 PPL MAX)

EMAIL [FUNDRAISING@TEWERO.ORG.NZ](mailto:fundraising@tewero.org.nz) TO BOOK A TABLE



te wero GYMNASICS

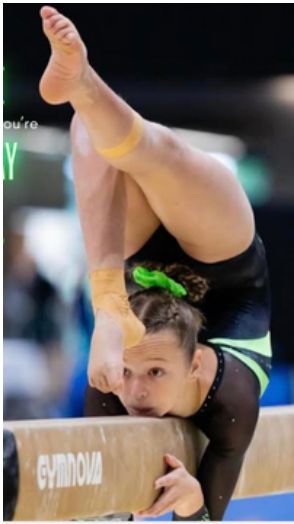
Westgold Butter Fundraiser

1-31st May

250g butter \$4 each salted and unsalted

Please support our club

Please contact: melindapaterson@gmail.com



MEET GRACE

Grace is 13 years old and is a member of the STEPs senior squad. She has been competing STEP 7 this year

- 1. What is your favourite apparatus?** Definitely beam
- 2. What is your favourite skill at the moment?** Backwards twisting on floor
- 3. What is your least favourite skill?** Blinds on bar
- 4. What is one piece of advice you would tell your younger self about gymnastics?**
Believe in yourself
- 5. How long have you been doing gymnastics?**
I have been doing gym since I was 8 - so 5 years
- 6. What are your other hobbies outside gymnastics?**
I love surfing, surf life saving, touch, I am a Rookie Lifeguard, and I play the guitar
- 7. What tips or advice would you give to other gymnasts? Trust your coach**

DID YOU KNOW?

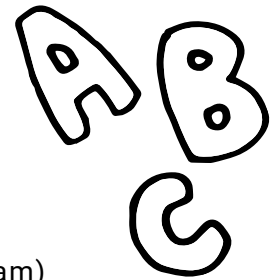
The shortest female gymnast to have competed in the Olympics is American Kerri Strug at 1.41m/4'8" (yes, shorter than Simone Biles at 1.42m).

The tallest female gymnast to have competed in the Olympics is Marie Sophie Hindermann from Germany, at 175cm/5'9"



JUDGE'S CORNER

Please email any judging related questions or curiosities you may have to info@tewerogym.org.nz, REF: Judge's Corner



SKILLS AND THEIR VALUES

At STEP 7+, routines are based on a set number of required skills, however the choice of skill level is coach/gymnast choice! The higher value of skill, the better the gymnast's 'D Score'. Remember, Execution scores (E Scores) are out of 10.0. Minus any execution deductions from 10.0 (bent arms, not to handstand, not quite a split etc) and then add the D Score to get the gymnast's final score.

For example:

- Cartwheels: A (floor & beam)
- Switch Leap: B (on floor), C (on beam)
- Back Handspring: A (on floor), B (on beam)
- Double back salto: D (on floor), C (on bars)
- 1 ½ Wolf spin: C (on beam), nothing (on floor)
- Back tuck: A (on floor), C (on beam), A (on bars – tuck flyaway)

A skills are worth 0.1 | B skills are worth 0.2 | C skills are worth 0.3 | D skills are worth 0.4 | E skills are worth 0.5



UPCOMING DATES AND EVENTS

11th - 12th May:

Affinity Challenge Competition (STEPS)

19th May:

Te Wero TRIVIA QUIZ night fundraiser, 7pm

23rd-26th May:

World Cup Series in Varna Bulgaria (Svetlana, Jun & Alisa)

30th May - 2nd June:

World Cup Series in Koper, Slovenia (Svetlana, June & Alisa)

PAYMENT OF FEES

As a non-profit organization we rely on all invoices to be paid in full, prior or on its due date. This is to ensure that the club's invoices can also be paid in time

RECREATION: If you have arranged a weekly payment with us, please ensure that the complete term 1 payment will be paid by 14th April 2024.

STEPS & GFA: Please ensure that you are up-to-date with your invoices or agreed payment plans please. Any accounts in arrears may result in non-entry to competitions

If anyone is struggling to pay their fees in full, please contact info@tewerogym.org.nz to discuss whether a suitable payment plan can be arranged.

**Please note: any outstanding invoices older than 3-months, with no communication or agreed arrears payment plan, will be turned over to our debt collecting agency. All associated fees incurred by the agency will be transferred to you - as per our Fees Policy (see on our website).